Other Energizers for the session

* Who Am I?

The F tapes the name of a famous person on the back of each participant, without their being able to see who it is. The task is to find out who they are by asking others questions that can be answered with just ‘yes’ or ‘no’ questions. On receiving a "yes" answer, they can continue to ask the same person another question until they receive a "no". Then they must continue on to ask questions to someone else. When a group member figures out who they are, they take off the tag, put it on the front of their shirt, and write their own name on it. That person can then help others find out who they are. The exercise concludes when everyone has discovered who they are.

* Birthday Line Up

Explain to the group that this is a nonverbal exercise. The group is to form a single straight line, according to birthdays. For example, persons with January birthdays will be at the beginning of the line, earliest January dates first followed in order by later dates. The line progresses by months and days with December birthdays at the end. Persons with the same birthday share the same place inline. You must communicate non-verbally (no lip-reading or spelling in the dirt allowed). When the line is completed, each person will shout out his/her birthday, beginning in January.